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Wednesday, April 14, 2010

# THE MORNING NEWS

*Your Source for Local News in English*

Caya G. F. Betico Croes 111 - Tel: 588-9517 - Fax: 588-9518 - E-mail: themorningnewsaruba@gmail.com

Coverage of Aruba in Adventura and Go magazines  
Go is the in-flight magazine of Airtran

**Island HOPPING**

Looking for an island retreat? Here are *Adventura's* top six Caribbean picks – and each destination's must-do activity.

By Jimmy Im

**1 ARUBA**

**BEST FOR:** ROCK CLIMBING // **BECAUSE:** GREAT CLIFFS AND ROUTES // **HOME BASE:** RENAISSANCE RESORT (MARRIOTT.COM) // **INSIDER TIP:** HEAD OUT IN EARLY MORNING OR LATE AFTERNOON TO AVOID THE SUN.

Aruba holds the spot for rock climbing – it's also one of the Caribbean islands that offer the sport. Twelve years ago, a rock climbing aficionado, Igor Munoz, created routes in Graspeveld, home to 20 metre-high craggy cliffs formed thousands of years ago. A group of expert rock climbers then enhanced the routes in 1998, completing them all and naming up more than 22 routes from beginners to advanced for those who like the rush of climbing. Relatively unknown but gaining international recognition, rock climbing in Aruba is not yet the most sought-after activity, thus there are no climbing organizations. It is, however, available to anyone (amateurs to experts) by contacting **Karl Vanden Burg** (karendandenburgh@hotmail.com), the fitness instructor for the Dutch Marines. He and his climbing buddy, restaurateur Hal Kim Ho (297-288-2679), host rock climbing parties every Sunday morning, and all are welcome to join them (they love company). They offer instructions and tutorials, gear, equipment, beverages and snacks all for FREE. It does pay to have friends in high places.

**2 CURAÇAO**

**BEST FOR:** DIVING // **BECAUSE:** GREAT WATERS, WRECKS AND REEFS // **HOME BASE:** LOOGE KURA HULANDA (KURAHULANDA.COM) // **INSIDER TIP:** THE SALT CONCENTRATION NEAR THE SHORES IS HIGH, GREAT FOR A BUOYANT AND DEEP-ENDED SWIM!

Although Curaçao in the Dutch Caribbean offers amazing attractions on land, a large number of guests like to spend their time underwater – and with good reason! Curaçao is ranked number five on the PADI Network's favourite scuba spots and offers more than 60 dive sites teeming with coral, sponges, parrotfish and more. Most hotels and resorts offer courses, but guests make a beeline to **Lodge Kura Hulanda**, owned by legendary philanthropist Jacob Gelt Dekker, offering a full range of services from PADI certifications to dive packages. For instance, **Alice in Wonderland**, just a short drive away, features magnificent reefs with green moray eels, lobsters and mushroom-shaped star coral formations, the visibility averages 30 metres. Curaçao is also well-known for its shipwreck dives, and one of the best in all of the Caribbean is the **Superior Producer**, a cargo freighter that sunk in 1977, now surrounded by barracudas and beautifully covered in colourful corals and sponges.

**WIND POWER** Learning to windsurf in Aruba is a rite of passage.

Like many vacationers, I identify a sublime island getaway with relaxation, a beach chair and a cold, frosty drink. Aruba, the smallest of the "ABC" islands (Aruba, Bonaire and Curaçao) in the Dutch Caribbean, is one such destination, chock-full of turquoise reefs, miles of sandy white beaches and crystal clear turquoise water. The island is a perfect blend of nature and culture, with a rich history and a vibrant present. It's a place where you can relax and unwind, or get out there and explore. Aruba is a place where you can find it all.

ARUBA  
BY JIMMY IM

JANUARY 2010 GO MAGAZINE

Last year, the Aruba Tourism Authority (ATA) invited Jimmy Im, a journalist of *Adventura* magazine (which has a circulation of 120,000) to Aruba to experience the island not only as a relaxing destination but also for sport activities. In the magazine Mr. Im described how you can even practice rock climbing on Aruba.

In the magazine *GO*, the in-flight magazine of Airtran, he wrote about the Arikok National Park, its history and visitor's center. He even wrote a list of words in Papiamentu to promote the language abroad and an article on our Carnival.

He dedicated two pages to sports narrating his experience while windsurfing on the island. Thanks to Aruba Active Vacation and its manager Wim Eelens.

Mr. Im got his first lesson in windsurfing here on the island. He narrates in a fun way the nice time he had while learning this sport. He also recounted that Aruba is a top destination for this sport, and not to forget to take note that Aruba is the proud host of the **Hi-Winds**, an event held every year in July which attracts well known surfing from all over the world.

ATA expressed its satisfaction with this coverage which certainly will be read by thousands of people. Airtran Airways comes to Aruba once a week, every Saturday, from Atlanta and Orlando.

A special thank you goes to all partners who made this familiarization trip a success, especially to Aruba Active Vacations.

## Israel tells its citizens to get out of Sinai now

JERUSALEM, Israel (AP) – Israel issued an "urgent" warning yesterday to its citizens to leave Egypt's Sinai Peninsula immediately citing "concrete evidence of an expected terrorist attempt to kidnap Israelis in Sinai."

The statement from the Israeli prime minister's anti-terror office took the unusual step of calling on families of Israelis visiting the Sinai to establish contact with them.

The commander of the anti-terror office, Brig. Gen. Nitzan Uriel, acknowledged that there had been rumors that Israelis have been kidnapped in the Sinai. "We don't work according to rumors," he said the Israel TV. "We work according to firm intelligence."

He said it would "take some time" to disprove the rumors, which circulated all day yesterday.

## Editor's Note:



Photo depicts artist Mr. Adriaan Leslie with one of his pieces. In our issue dated Tuesday, April 13 we made a mistake with Mr. Adriaan Leslie's last name. Please note it is Adriaan Leslie and not Lacle. Mr. Leslie, once again our most sincere apologies.

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## Obama: China following through on Iran penalties



South Korean President Lee Myung-bak (L) shakes hands with US President Barack Obama before the opening plenary session of the Nuclear Security Summit at the Washington Convention Center. South Korea was selected as host of the next major nuclear summit in 2012 and vowed to use the occasion as an incentive to persuade defiant North Korea to give up its atomic arsenal.

WASHINGTON (AP) — President Barack Obama, wrapping up a 47-nation nuclear security summit, said yesterday he is confident China will join other nations in pressing for tough new sanctions on Iran for continuing to defy the international community in seeking nuclear weapons.

"Words have to mean something. There have to be some consequences," Obama told reporters at a news conference at the conclusion of the two-day gathering.

He was asked about China's reluctance in the past to join

other major nations in backing tough sanctions.

Chinese President Hu Jintao yesterday gave a speech to the group calling for "effective" measures to safeguard nuclear weapons and materials but stopped short of mentioning Iran's program.

Hu and Obama met for 90 minutes on Monday after which U.S. officials said the two agreed to tell their aides to work on a tough new sanctions program. However, a Chinese spokesman did not mention sanctions in his description of the meeting.

China imports oil from Iran and in the past had been reluctant to endanger that supply line.

"The Chinese are obviously concerned about what harm this might have on the economy generally," Obama said. "Iran is an oil-producing state. ... A lot of countries around the world have trade relationships with Iran and we're mindful of that."

Obama said Hu had assured him that China would participate in drafting sessions at the United Nations on a new strong sanctions regime.

"I think that we have a strong number of countries on the Security Council who believe this is the right thing to do," Obama said. "But I think these negotiations can be difficult, and I am going to push as hard as I can to make sure that we get strong sanctions that have consequences for Iran as it is making calculations about its nuclear program and that those are done in a timely basis."

China is one of five permanent members of the Security Council with veto powers, along with the U.S., Russia, Britain and France.

Obama said that the new sanctions would make it easier to isolate Iran, as the global community had done for North Korea as it continued to develop nuclear weapons.

## Poland mourns as president, wife lie in state

WARSAW, Poland (AP) — Thousands of grieving mourners tossed flowers on a slow-moving hearse and joined an enormous viewing line at the presidential palace to pay their respects yesterday to Polish President Lech Kaczynski and his wife as their bodies lay in state.

Kaczynski and his wife, Maria Kaczynska, were among 96 people killed Saturday in a plane crash in western Russia. Investigators are pointing to human error as the cause.

Mourners knelt, prayed and cried before the first couple's coffins in the Columned Hall of the palace, where the president appointed and dismissed governments. The line to get in swelled to over half a mile (1 kilometer).

"We will wait as long as it takes," said Alicja Marszalek, a retired telephone operator who was waiting with a friend. "We want to pay homage to them because they were won-

derful people. He was a modest man, very well educated, intelligent and kind."

Polish television broadcast live images of mourners walking by the closed coffins. Many were families with children, parents and grandparents. A pair of soldiers flanked each coffin, standing crisp and still.

Earlier yesterday, Kaczynska's body was greeted with tears and tulips after being flown home from Russia. Officials announced that the first couple would be buried Sunday after a state funeral at Krakow's Wawel Cathedral.

Krakow Archbishop Stanislaw Dziwisz said the funeral would begin at 2 p.m. (1200 GMT) Sunday in the 1,000-year-old cathedral — the main burial site of Polish monarchs since the 14th century and more recent heroes including the 20th century Polish statesman and military leader Jozef Pilsudski.

## Karadzic genocide trial hears from 1st witness

THE HAGUE, the Netherlands (AP) — A Bosnian Muslim told judges in Radovan Karadzic's genocide trial Tuesday that Serbs burned his elderly father-in-law alive during the brutal takeover of his village at the outset of the Bosnian war.

The testimony finally opened the presentation of evidence against the former Bosnian Serb leader after months of delays and legal wrangling since his arrest in July 2008 after 12 years on the run.

It also marked Karadzic's debut as his own defense counsel at the Yugoslav war crimes tribunal.

Karadzic, 64, is charged with genocide, crimes against humanity and war crimes for allegedly orchestrating atrocities perpetrated by Bosnian Serb troops and paramilitary thugs to carve out an ethnically pure Serb minstate in Bosnia. He faces a life sentence if convicted.

Karadzic insists he is innocent and argues Serbs were defending themselves against what he has described as a fundamentalist plot to turn Bosnia into an Islamic republic.

Yesterday, Ahmet Zulfikarpasic said his father-in-law was killed by Serbs "mopping up" survivors of an artillery attack on a mainly Muslim village near Sanski Most, in north-

western Bosnia, in May 1992.

Zulfikarpasic also watched Serbs force about 20 Muslim men dig their own graves and then slashed their throats or shot them, prosecutor Ann Sutherland told judges.

Zulfikarpasic said in a written statement he was saved from having his own throat cut by his former teacher, Medeljko Rasula.

The Serbs arrested Zulfikarpasic and other Muslim men and held them first in a cramped garage and then in a cattle shed at the notorious Manjaca camp near the Bosnian Serb stronghold of Banja Luka from June to November 1992, Sutherland said.

In an effort to save time, most of Zulfikarpasic's testimony was given to judges in a 37-page written statement and he was not asked to describe much of his ordeal in court.

Although Zulfikarpasic did not mention Karadzic in the early part of his testimony, prosecutors allege the former Bosnian Serb leader orchestrated the plan and their ability to link him to well-documented Bosnian Serb crimes is key to proving their case.

Karadzic's case is the Yugoslav war crimes tribunal's most important since former Yugoslav President Slobodan Milosevic died in his jail cell in 2006 before judges at the U.N. court could reach a verdict in his trial.

## Gates: Options to Kyrgyzstan air base aren't great

ABOARD A MILITARY AIRCRAFT (AP) — Defense Secretary Robert Gates says the U.S. has other options to its air base in Kyrgyzstan, which is used to ferry troops and supplies

into Afghanistan, but none is ideal.

Gates said yesterday the U.S. explored alternatives last year when it was negotiating a deal to use the base with the

Kyrgyz government, which last week was ousted by protesters.

The ousted ruler said he was willing to step down but he also wants security for his family and close circle as a condition of his resignation — a demand that could block a deal to transfer power and exacerbate the turmoil gripping the Central Asian nation.

Roza Otunbayeva, the interim leader, told the AP that the agreement allowing the U.S. to use the Manas air base will be prolonged after the current one-year deal expires in July.

"It will be automatically extended for the next year," she said.

Gates said operations in Afghanistan have not been hampered by the turmoil in Kyrgyzstan.

The U.S. military said troop transports to and from Afghanistan were suspended last week at the Manas air base, though refueling flights continue.

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## Unattractive view near Bushiri Hotel cleaned up



For years, tourists going to and from the hotel area, were faced with some very unattractive views along the road. One of them is the ruins of the Bushiri Hotel. Now, concrete plans to solve this problem are already on table and will soon will be executed. West of the Bushiri ruins, the beautiful sea view was constantly obstructed by huge containers, but recently the government give strict orders now, that no more containers can be put there.

One of the government's priorities is to revitalize and restore the infrastructure and buildings of Aruba, which is

very important for our tourism and the general public. For a few months already Minister of Tourism Otmar Oduber together with Minister of Infrastructure Benny Sevinger made plans to remove those containers. Talks were held with the owners of different alternatives for the containers and also on ways to avoid using the space for other purposes, obstructing the view and creating an ugly impression of our island.

The government of Aruba is doing its utmost in trying to keep the island beautiful by cleaning up all the garbage,

which in the last years has become a habit. One way was by putting waste containers in various neighborhoods for the community to use, free of charge. They also cleaned up all the car wreckages that were all over the island, being a hazard to the environment. It was a lot of work, but necessary. Our island must become a better and more beautiful island to live on, a better tourist product for the advantage of the people and the future generation of Aruba.

Photo shows how nature is improving, giving tourists and locals once again a nice view of our beautiful Caribbean Sea.

## Michelle Obama visits quake-ravaged Haiti

PORT-AU-PRINCE, Haiti (AP) – First lady Michelle Obama made a surprise visit yesterday to the ruins of the Haitian capital, a high-profile reminder that hundreds of thousands of people remain in desperate straits three months after the devastating earthquake.

The first lady and Jill Biden, wife of Vice President Joe Biden, took a helicopter tour of Port-au-Prince, where hundreds of thousands of people are still homeless because of the quake, before landing at the destroyed national palace to meet President Rene Preval.

They later met with students whose lives have been upended by the disaster and walked along a vast, squalid encampment of families living under bed sheets and tents.

"It's powerful," Obama told reporters. "The devastation is definitely powerful."

Obama and Biden's visit is intended to underscore U.S. commitment to the Haitian reconstruction effort and to thank American officials who have worked in the country for the past three months, the administration said in a statement. Prison fighting kills 7 inmates in Venezuela

## Prison fighting kills 7 inmates in Venezuela

CARACAS, Venezuela (AP) – Venezuelan authorities say knife-wielding prison inmates have killed seven other prisoners and wounded 10 guards during an outbreak of violence at a jail in the country's west.

National Guard Maj. Jose Figueroa says fighting erupted at the Santa Ana Prison after several prisoners took a teacher and two guards hostage to demand a transfer to another penitentiary.

Figueroa told the Globovision television channel Monday that the inmates later released the hostages and were returning to their cell block when they were attacked by rival prisoners.

Violence is common in Venezuela's overcrowded prisons, where rival gangs often fight for control of cellblocks or the sale of illegal drugs.





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## Drainage work at Madiki

ORANJESTAD – The Department of Public Works, DOW, wants to advise everyone, especially inhabitants of Madiki, that as of April 15, the department will begin with drainage works starting at Madiki #58. To realize this project the road will be closed from Madiki # 25 to Madiki # 85D. Also the road from Madiki # 13 to Madiki # 56 will be closed.

In connection with this DOW kindly ask all motorists to not use this road to get to their homes or businesses. The roads will be closed off for traffic from both directions, and will be indicated by traffic signs and barricades.

The project will last 45 working days.

DOW apologizes for any inconvenience this may cause.

## New weekly flights to Aruba from Manchester

MANCHESTER, The United Kingdom -- Travellers can now enjoy new weekly flights to the Dutch Caribbean Island of Aruba, from Manchester airport next month. Thomson Airways will operate the new service on Fridays from 7 May to 23 October 2010.

The flights are an addition to the weekly direct London Gatwick Service, which was introduced last year and continues in 2010, departing on

Saturdays from 1 May to 23 October 2010.

"Aruba is one of the fastest growing destinations in the Caribbean and is now more accessible than before. The new weekly departures from Manchester allow travellers from the northern part of the country more flexibility in their holiday choice," said Aruba Tourism Authority Director Joanna Walding.

## Dutch Crown Prince turns 43, bets made



THE HAGUE, The Netherlands -- Crown Prince Willem-Alexander turns 43 on April 27. Bookies are taking bets on whether he will be king by his birthday, or will have to wait three days for the 30th anniversary of the investiture of his mother, Queen Beatrix---or even longer.

Another question is whether he will change Queen's Day, the national day marking his mother's birthday on Apr 30, to King's Day when he eventually becomes king. If he does, it would only be a few decades before it is Queen's Day again. He has three

daughters in line to the throne.

As the eldest child of Queen Beatrix, Prince Willem-Alexander, The Prince of Orange, is first in line of succession to the throne. Since his mother's investiture on April 30, 1980, he has borne the title Prince of Orange, which has been held by the heir to the throne since 1815.

The Prince is married to Princess Máxima. They have three daughters, Princess Catharina-Amalia, Princess Alexia and Princess Ariane.

He is Aide-de-Camp Extraordinary to Queen Beatrix.

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# Bon Nochi Drumi Dushi foundation with tremendous story telling bus tour surrounded by nature



On the weekend of March 27 and March 28, volunteers and the board of "Fundacion Bon Nochi Drumi Dushi" – Foundation Good Night Sweet Dreams, held a story telling bus tour for children. Interest for the bus tour was immense, in a few days the list was already full. Parents kept calling the Aruba National Library asking when the bus tour would take place and even informed about the next one.

The bus, courtesy of de Palm Tours, arrived exactly at 2:30 p.m. After a few inscription requirements the kids were split in six groups of 10. After that, the kids got on the bus, full of enthusiasm and expectations, toward their first stop, Casibari. There the kids listened to a story and had the task to look for strange plants and stones and save them in paper bags they got from their guide. They were encouraged to look good after their bags because at the end of the tour there was something planned

for the contents of the bags.

The kids paid good attention, talked with gusto and asked questions. Before mounting the bus they got water and fruits as refreshments.

The trip continued to Ayo, where two stories were told. Here also, the kids explored the place looking for strange objects to put in their bags. They were very dedicated in their task, looking with concentration and studying every object before deciding to put it in their bags. There certainly were a few kids with the talent and interest to be future archaeologists.

After refreshments the group was joined by Mrs. Olinda Rasmijn of Stimaruba, who was waiting for them at Ayo. Mrs. Rasmijn guided the group through a surprise stream, the rooi di Santa Marta.

The stream runs through a private property, but Mrs. Rasmijn got permission from the owner to show it to the kids. Fundacion Bon Nochi Drumi

Dushi is very grateful to the owner for giving the kids this unique opportunity to learn something new of our nature. There the kids sat in a circle and interchanged with each other the things they collected. They learned of different kinds of boulders and stones, why some of them have certain shapes and their names. Mrs. Rasmijn explained to the kids that the spot where they were sitting is very important for nature, for when it rains three streams meet and it can become quite deep. Also, three stories were told, each one of them in connection with the places they visited. When they returned they got fresh tamarind juice and something to eat.

For this activity the kids chose the book by Roland Peterson, "Nos Fabula" – Our Fable. The book is about nature and walking among nature, stories that fit with the atmosphere the kids were in. Besides sharing the pleasure of reading in different way, Fundacion Bon Nochi Drumi

Dushi wants to make the kids aware of the beauty and importance of our nature

The bus tour also had a social purpose; during the inscription and forming of different groups, most of the kids met each other for the first time and during the trip became friends.

Judging by the happy faces and all the stories the kids had to tell, one can conclude that they had a good time filled with activities and adventures.

Fundacion Bon Nochi Dushi expresses its gratitude to Ricky Malmberg of de Palm Tours who did not hesitate to put a bus available for the trip. They also want to thank Mrs. Olinda Rasmijn for her time and dedication to teach the kids something of our nature and how important it is to us.

## Youth-Expo

During the same weekend of March 27 and March 28, Fundacion Bon Nochi Drumi Dushi participated in the Youth

Expo held at the Aruba National Library. The foundation had its own stand with information on the importance of reading. They also had articles and books for sale. Many parents stopped by the stand to get information and register their kids for the next reading project which will be in October. The parents were remarkably impressed when told, how sharing 10 to 15 minutes reading with their kids before sleeping, can bring them closer to each other.

Readers of the project also told stories in the bibliobus (Library bus) and held activities for the kids together with employees of the Aruba National Library.

"Fundacion Bon Nochi Dushi wants to thank the group of volunteers for their dedicated and responsible contribution, making these two activities a huge success. Stay tuned for our next activity," a spokesperson expressed.

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## Kiwanis Club of Aruba and Sonrisa Aktion Club organises Easter egg hunt



Kiwanis Club of Aruba and Sonrisa Aktion club of Aruba decided this Easter to invite kids from Sonrisa and Imeldahof organization for an egg-hunt. The party was held at Jaburibari Park for over 55 children.

All present enjoyed the event and went home satisfied and with a big smile on

their face. Although Aktion club at Sonrisa is just 2 months old, the members took a natural lead in organizing this event and worked hard for over 2 weeks making handmade gift items to make this event a success. Result, of course, was an excellent egg-hunt party for all present.

## 1964 Jackie Kennedy interviews to be published

NEW YORK (AP) — During the first half of 1964, just months after her husband was assassinated, Jacqueline Kennedy sat for seven interviews with historian and family friend Arthur M. Schlesinger Jr.

They met at her home in Washington, D.C., where the former first lady discussed her marriage, her White House years, election-year campaigning and her husband's thoughts about a second term.

The interview is part of what became the John F. Kennedy Presidential Library's Oral History and, at Jacqueline Kennedy's request, was kept sealed for an indefinite time. She died in 1994.

Now, with the 50th anniversary of her father's inauguration coming next year, daughter Caroline Kennedy is allowing the conversations to be widely released.

In September 2011, Hyperion will publish the transcripts and release six and one half hours of audiotape, providing a new and extended opportunity to hear the famously breathy voice of Jacqueline Kennedy discuss topics she rarely touched upon in public. Caroline

Kennedy will serve as editor and write an introduction for the book, currently untitled, and a historian will provide annotation. (Schlesinger, a two-time Pulitzer Prize winner, died in 2007.)

"My mother's passion for history guided and informed her work in the White House," Kennedy, president of the Kennedy Library Foundation, said in a statement Tuesday issued by Hyperion. "She believed in my father, his vision for America, and in the art of politics, and felt it was important to share her knowledge and excitement with future generations. It is a privilege for me to honor the memory of my parents by making this unique history available."

According to Hyperion, the interviews will cover everything from early campaigns to the Cuban Missile Crisis to Jacqueline Kennedy's role as first lady.

"In these conversations, Mrs. Kennedy shares revealing insights into the politics and personalities of the day," Hyperion said in a statement.

Historian Doris Kearns Goodwin, who knew both Jacqueline Kennedy and Schlesinger, said the inter-

views might be as close as we'll ever get to a memoir from the late first lady. She noted that Kennedy did cooperate with biographer William Manchester around the same time (Kennedy later reportedly forced Manchester to remove some passages about the family from his "The Death of a President"), but said that she was likely more candid with Schlesinger because he was a friend and because Kennedy knew she had control of the transcripts.

"The times I met Jackie, I found that she had an incredibly straightforward, analytical understanding of the family," said Goodwin, whose husband, Richard Goodwin, was a speechwriter for President Kennedy. "So my guess is that these interviews are going to be really interesting. She probably felt freer talking to Arthur and I would expect the conversations were more freewheeling and insightful."

Caroline Kennedy has published several books with Hyperion, including a collection of her mother's favorite poems, and has worked for years with editor Gretchen Young, who acquired the book and audio and electronic rights.

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## Science/Tech.

# New Technique Turns T-Shirts into Body Armor

Those bulky, bulletproof vests could become a thing of the past. Their replacement: Your T-shirt, but with a special coating. Bulletproofing can be done in one of two ways. The first, old-school approach relies on hard plates of metal or ceramic, which deflect oncoming bullets. A more elegant way, perhaps, is the use of a network of fibers - the approach taken by Kevlar - to "catch" the bullet, much like a hockey goalie catches a flying puck.

Kevlar has made its mark in body armor, as the technology is used in vests, helmets, and other gear for law enforcement, corrections offi-

cers and the military. However, it's expensive, which limits its use to those who can drop hundreds of dollars for protection.

The new technology, which also relies on the catching method, addresses these issues by using an inexpensive material and a simple process - a feat that could bring body armor to the masses, according to Xiaodong Li of the University of South Carolina and study researcher.

Here's how it works: By dipping pieces of cotton from a T-shirt into a solution of boron powder, the researchers created a network

of nanowires made out of boron carbide - the third hardest material known to man at room temperature.

The new T-shirt body armor probably won't compete with the Kevlar-type technologies, but it could be useful for situations in which less protection is sufficient.

"We should be able to fabricate much tougher body armors using this new technique," Li said. "It could even be used to produce lightweight, fuel-efficient cars and aircrafts."

Li and his team detailed their findings in the April 6 issue of the journal *Advanced Materials*.

## Twitter to have paid tweets show up in searches

SAN FRANCISCO - Twitter announced Tuesday that it is introducing advertising, allowing companies to pay to have their messages show up first in searches on its site.

The introduction of Promoted Tweets comes as Twitter increasingly faces questions about how to turn its wide usage into profits.

Twitter has grown quickly in popularity since it started in 2006, with celebrities such as Oprah Winfrey and Ashton Kutcher "tweeting" messages of 140 characters or less alongside everyday users.

But the site has been slow to capitalize on that success.

Twitter has been making an undisclosed amount of money by providing Google Inc. and Microsoft Corp. with

access to messages for their search engines. Many people expected Twitter would eventually introduce advertising.

In a blog post Tuesday, company co-founder Biz Stone said the company took its time "because we wanted to optimize for value before profit." He said the company understood that many people have been frustrated by its "stubborn insistence on a slow and thoughtful approach to monetization."

Twitter said Best Buy Co., Sony Pictures, Starbucks Corp. and Virgin America are some of the advertisers using what Promoted Tweets.

The new Promoted Tweets are to be "called out" as ads on top of search results on Twitter, much as sponsors can

pay for listings atop rankings on search engines such as Google, Microsoft's Bing and Yahoo. That means Twitter users would see the new ads when they search broadly for topics being tweeted about.

However, many users connect with the service not through such searches or even visits to the site. Rather, scores of outside programmers have written mobile and desktop software that can access the feeds of Twitter messages that users get from people they are "following" on the site.

Twitter said it might take the Promoted Tweets service further and make them also show up on those feeds.

Stone said Promoted Tweets will need to resonate with users. If a Promoted Tweet isn't replied to or forwarded by other users, it will disappear.

## Netflix now streaming movies to your Wii

Instant streaming discs for the Wii are now being shipped to all eligible Netflix members who request them, Netflix said in a blog post Monday.


According to the Netflix website, the discs will start arriving at members' homes in one to two business days. To access streaming video content, users will need to put the discs into their Wii and enter the activation code (displayed on the television screen) into <http://netflix.com/wii> via their computer. After this initial set-up process, users will be able to see their Instant Streaming Queue from their Netflix account.

In order to be eligible for an instant streaming disc, you

must have a \$9 per month Netflix subscription (or higher).

Instant streaming for the Wii was announced back in January--a little behind its competitors in the console-turned-box-top market--namely, the Xbox 360 and PS3.

A couple of weeks ago, select Wii users with Netflix subscriptions had the chance to try out the new streaming discs. Our own Peter Smith wrote a hands-on impression of Netflix streaming on the Wii--according to his experience, the Wii was a pretty decent platform for streaming video, despite the fact that it doesn't support HD video (480p maximum resolution).



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## Mini electric car tackles Nurburgring



**The Mini E, modified with a roll cage and racing suspension, takes on the Nurburgring**

Mini intends to prove that the electric version of the Mini Cooper can be every bit as fun as its gasoline-powered cars. And a few laps around the famed Nurburgring race track in Germany make the point admirably.

The company, which began leasing a test fleet of Mini E electric vehicles last year to select individuals as a means of gathering real-world data, retro-fitted one of the cars with racing gear and sent it around the 28.3 kilometer Nurburgring - Nordschleife. Its time: 9:51.45 minutes, while hitting a top speed of 116 mph on the track. That puts it about 3

minutes slower than the fastest production car on the track, but still a respectable time.

The Mini E's power train, which relies on a 150-kilowatt electric motor and lithium ion battery pack, was unchanged, other than reprogramming the power train management system. Mini fitted it with a lighter body shell, roll cage, Recaro seat, and racing suspension for the Nurburgring.

Under normal driving, the Mini E has a range of about 100 miles, meaning it will be a long time before electric cars start doing endurance races.



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## HEALTH

### Tip: Aruba's beaches offer pleasure, but also health benefits



*Aruba has the most beautiful beaches in the world, make good use of them*

Here are some healthy benefits of Salt water: go to the sea when you have a cold or sinus conditions. Doctors use salt water to drain nasal passages, and salt water gargling can relieve a sore throat.

**Skin Healing Treatments:** Alternative medicine practitioners and wellness spas worldwide use a salt water treatment, known as thalassotherapy, to detoxify skin and heal it of many minor conditions, such as abrasions and rashes. The medicinal use of salt water dates back thousands of years, at least to the era of Hippocrates--the "Father of Modern Medicine"--who discovered sea water's ability to heal the wounds of fishermen and began using the treatment on his patients.

**Beauty Treatments:** Sea salt is derived from sea water evaporation. Spas all over the world use it in their beauty treatments, from skin exfoliation to massage therapy. Many people believe salt from the Dead Sea is superior to other sea salts, and carries the ability to remove toxins from the skin, relieve muscle tension and reduce body aches and pains.

## Smoking may erase heart benefits of light



If you indulge in moderate drinking, you've probably heard that it might reduce your risk for heart trouble, including stroke.

A new British study supports that notion, but it also finds that light drinking's benefit in lowering stroke risk does not apply to smokers.

"Any potential beneficial effect of drinking moderate amounts of alcohol on stroke may be counteracted by cigarette smoking," said lead researcher Yangmei Li, a doctoral candidate in the Institute of Public Health at the University of Cambridge.

Li presented her findings Monday at a press conference held by the American Academy of Neurology during its annual meeting in Toronto.

The authors note that prior studies exploring the potential protective relationship

between stroke risk and light-to-moderate drinking have found conflicting results. The fact that many people both drink and smoke might be a factor.

Smoking is a significant risk factor for stroke, Li noted, with current smokers having a 64 percent higher risk for stroke than those who have never smoked.

Researchers found that heavy drinkers gained no protection from stroke relative to non-drinkers. In fact, excessive alcohol use was linked to a potential rise in stroke risk.

On the other hand, light-to-moderate drinking did appear to lower the odds for stroke compared to no alcohol consumption. That's in keeping with other studies on moderate drinking and cardiovascular health.

However, the apparent protective effect of moderate drinking did not hold true for smokers.

The lowest stroke risk was observed among nonsmokers who consumed between three to 14 "units" of alcohol per week, each unit being equal to about a glass of wine.

### Simple Carbs Pose Heart Risk for Women

A diet rich in carbohydrates that are quickly transformed into sugar in the blood raises the risk of heart disease for women, a new Italian study finds.

The same effect, however, is not seen in men, according to the report, published April 12 in the Archives of Internal Medicine.

The study, by researchers at Italy's National Cancer Institute, looked not only at total carbohydrate intake but also at what is known as the glycemic index of those carbohydrates -- a measure of how quickly and to what extent blood sugar rises after intake of specific carbohydrates.

Carbohydrate foods with similar calorie content can show widely different scores on the glycemic index. Carbohydrates with a high glycemic index include corn flakes, white bread and white rice. Those with lower scores include whole wheat products and sweet potatoes.

"A high glycemic index is known to increase the concentration of triglycerides and lower the concentration of HDL cholesterol, the good kind," explained Victoria J. Drake, director of the Micronutrient Information Center at the Linus Pauling Institute of Oregon State University, who has studied the subject. "Those adverse effects make it a stronger risk factor for heart disease."

No effect from total carbohydrate consumption or consumption of foods with a high-glycemic index was seen in men in the Italian study, a pattern also seen in other studies, Drake added.

"There is definitely a gender difference," she noted.

The difference might be due to the action of sex hormones, the researchers speculate. Male hormones, androgens, appear to slow the transformation of carbohydrates into blood sugar, whereas the female hormone estrogen speeds the process, she said.

**The World Health Organization (WHO)**  
**ranks Aruba's drinking water as meeting the highest safety standards.**  
**Please drink the water**



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## 10 shortcuts to health



Life is tough and life is busy. Not everyone has the time to spend hours on their health every day. Not if you work ten hours a day, have three kids.

It doesn't have to take hours and hours. In just a few minutes a day you can make sure that the basics are looked after.

**An apple a day.** Your body needs fruit and vegetables every day. And no, the slice of onion on the hamburger is not enough. Keep some apples or bananas at work and get into a habit of nibbling them rather than eating chips off the trolley.

**Caffeine cadenza.** Watch those endless bottomless cups of coffee. A cup or two can do little harm, but when you start doing four or five, it could wreak havoc with your blood pressure and sleeping patterns.

**Cheers.** Have a drink or two, but having more on a regular basis is simply not good for you. It dehydrates you and depletes your body's vitamin reserves. Never drink on an empty stomach. And make it a rule to drink a glass of water for every drink you've had. Your liver will be very grateful.

**Walk, don't ride.** If it's six blocks to work, get into a habit of walking. If that's not possible, get into a habit of climbing a few floors to work rather than taking the lift. Don't drive to the shop on the corner, take a walk.

**Get a rage outlet.** Life can be frustrating and every now and then you could feel

like you're going to explode. Rather than take it out on your family or on colleagues or other motorists, go running. Or go to the gym or take up kickboxing. Anything to get the juices flowing.

**Be a quitter.** If you smoke, chances are high you will either get lung cancer or emphysema. Don't do this to yourself and your family. Nicotine is one of the most powerful addictive substances around. This is the reason why it is difficult to quit. Do whatever it takes.

**One for the road.** Not a good idea. A major portion of road accidents and injuries can be ascribed to drinking and driving. Even if you don't get injured, think of how difficult it may be to live with the consequences of injuring someone else.

**Don't harbour grudges.** If you have things eating at you, keeping you awake at night and absorbing your energy, do something about them. Talk to someone - it won't kill you to see a therapist - and get rid of these feelings before they turn inwards and do real damage to your insides. Prolonged unhappiness or depression is often a precursor to serious illness.

**Get enough sleep.** Sometimes this is not possible, but make a point of trying to go to bed at more or less the same time every night. Your body likes routine and will reward you for it. Most people need about seven hours in order to function properly.

**Glug, glug, glug.** Make sure you stay properly hydrated by drinking water and other drinks throughout the day. But let thirst be your guide - drinking too much water can actually do more harm than good by flushing important nutrients from your system.



# Steak on a Stone-Le Petit Café's specialty



Welcome to Le Petit Café

In a time when dining choices and critiques are based on value for your dollar, an old favorite, Le Petit Café, still offers one of the best values not only in price, but quality, quantity and ambiance.

Le Petit Café in Palm Beach offers charming surroundings reminiscent of a

European outdoor café. Surrounded by Old World gaslights and an abundance of flora, it provides a delightful and romantic setting. In Oranjestad, diners can enjoy a breathtaking view of the harbor; particularly as the sun dips over the horizon and the lights of town set the waters aglow. Taking advantage of

their Early Bird Special not only offers a great price for a delicious meal, but put you in the right place at the right time to enjoy Aruba's most spectacular daily performance; our stunning sunsets.

The Early Bird special offers a choice of a full sized chicken breast, a hefty portion of filet mignon or fresh grouper fillet accompanied by a well-stuffed baked potato, rice or french fries. There is a choice of soup or salad as a starter, and ice cream for dessert, all for a modest \$21.50; an unbeatable price for a great meal on Aruba!

Cooking your main course on the stone is a supremely healthy method of preparation, seasoned to perfection and using no fats or oils. Fish in particular is excellent; extremely moist and tasty. A thick cut of filet mignon usually requires cutting into smaller sections to cook fully, especially if your preference is medium-well to well done.

Le Petit Café is particularly well known for its "Land and Sea" specialty, filet mignon and lobster tail; a gourmet treat when served in their signature fashion. The restaurant also offers a diverse menu of pastas and tempting gourmet appetizers such as seafood crepes, crispy calamari, and escargot. For family members in the mood for something different there are several dishes to choose from, such as chicken parmesan, so a large family with different ideas of what they want for dinner can easily be accommodated.

We all know that breakfast is the most important meal of the day, and Le Petit Café has also long been famous for the best value for breakfast on Aruba. They still offer an American breakfast for \$6.95 and a full breakfast buffet for \$10.95, another unbeatable



Steak on a Stone

value!

Le Petit Café is also located in the Paradise Beach Villas, so whether you are staying in Oranjestad, Palm

Beach or Eagle Beach, a La Petit Café restaurant can be found only a short stroll away from you resort, a perfect way to begin or end your day!



Fish on a Stone



Outdoor café setting

## Swede who flew jet with no license gets light fine

OUDE MEER, The Netherlands (AP) — A Swedish man who flew passenger jets in countries around Europe for more than a decade without a license was let off with a light fine by a Dutch court yesterday. A prosecutor paid tribute in court to his flying skills.

The court convicted Thomas Salme, 41, of flying without a license and fined him 2,000 euros (\$2,700), about a third of the maximum penalty.

Presiding Judge Mathieu Kronenberg rejected prosecution demands for a suspended

three-month jail sentence and a larger fine on forgery charges, saying the charge wasn't worded right.

Prosecutor Bote ter Steege said the case was unprecedented in the Netherlands, but also praised Salme's piloting ability.

"You'd think you could say that Salme endangered air traffic all those years, but the fact is that he flew for 13 years without any incidents."

Salme lives in Milan and did not show up for his hearing because he feared the media at-

tention, his lawyer Martha Muntjewerf explained to the judge.

Acting on a tip from Swedish authorities, police arrested Salme at Amsterdam's Schiphol Airport in March in the cockpit of a Corendon Airlines Boeing 737 shortly before it was to depart from Amsterdam for Ankara, Turkey, carrying 101 passengers.

According to police, Salme became visibly nervous when officers asked for his license and tried to show them a different document. Then he

asked to depart the plane quickly in order to minimize the disturbance.

On the loading bridge he stripped the wings off his uniform and confessed to police his license was fake. It was based on an outdated Swedish license and contained several spelling errors, Ter Steege said.

He said the airline industry operates on a basis of trust about pilots' licenses on a day-to-day basis.

Prosecution spokeswoman Natasja Keijzer said the justice ministry will carefully weigh

whether to appeal, calling yesterday's verdict "unsatisfactory for the people who were on the plane."

Ter Steege said Salme appeared to be a good pilot, passing simulator tests with high marks and once landing a plane with only one engine after striking a bird.

He did not give details of that incident.

"He could fly with the best of 'em," said defense lawyer Muntjewerf. "That's part of why it was so hard for him to stop."



# Oscar-Like Gala at the Palm Beach Plaza



The new Palm Beach Plaza hosted a red carpet event, co-produced by Romar Trading and Di-Shopping titled Women of Power, and it indeed attracted a great number of ladies, all dressed in red and fuchsia, as the invitation suggested, hair and make up done, prepared to party all night.

They sipped Baileys Irish Cream while enjoying entertainment by a Mariacchi group followed by popular band Tsunami.

Women's Power Red Carpet Event featured valet parking, welcome concierges and a stylish backdrop where a fashion photographer took guests' pictures, putting on the Ritz.

Conceived by Diana and Danny Biemans with snacks offered by Mama's Mexico Restaurant, the event also debuted a VIP shopping card only4ladies, courtesy of www.di-shopping.com.

Pictured here snapshots from the swanky event.



## Breakfast

7:00 a.m. - 11:00 a.m.

**EGG DISHES**

- \*2 eggs sunny side up with ham & cheese
- \*Scrambled with ham, cheese, onions, green pepper, tomato, mushroom
- \*Plain omelettes with ham, cheese, onion, green pepper, tomato, mushroom

All egg dishes are served with a choice of : white or whole wheat baguette or sliced toasted bread.

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## Roman-era mummy in Egypt oasis



A handout photo released by Egypt's Supreme Council of Antiquities shows a sarcophagus recently discovered in Bahariya Oasis, 300 km (190 miles) south west of Cairo.

Egyptian archaeologists carrying out excavations at the site of a planned youth center have found 14 tombs dating back to the third century BC, including one with a female mummy adorned with jewellery.

Unearthed in a rock-hewn tomb at a modern construction

site near the town of Bawiti, the mummy points to the existence of a large Greco-Roman necropolis nearby, Mahmoud Affifi, director of Cairo and Giza antiquities, said in a statement.

They also found four anthropoid masks made of plaster, a collection of coins, clay and glass vessels of different shapes and sizes, and a sheet of gold depicting Imsety, Duamutef, Hapi and Qebehsenuef -- the four sons of the ancient Egyptian sky god Horus.



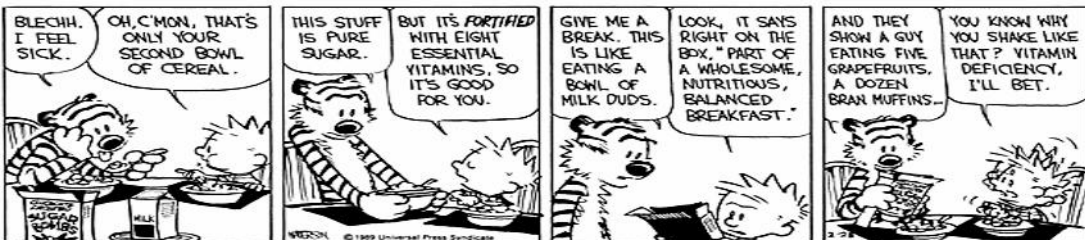
# CAR TOONS



## PICKLES



## CALVIN and HOBBS



## MOMMA



# CROSSWORD



# CROSSWORD

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### ACROSS

1. Clowns around
6. Bluish-green
10. Pawn
14. Turn aside, as the eyes
15. Mongrels
16. Netman Lendl
17. Radio, TV, etc.
18. Dye
19. Descartes
20. London's locale: abbr.
21. Stage item
23. Main dish
25. Like a star
27. "Meet the \_\_\_\_\_"
28. Still

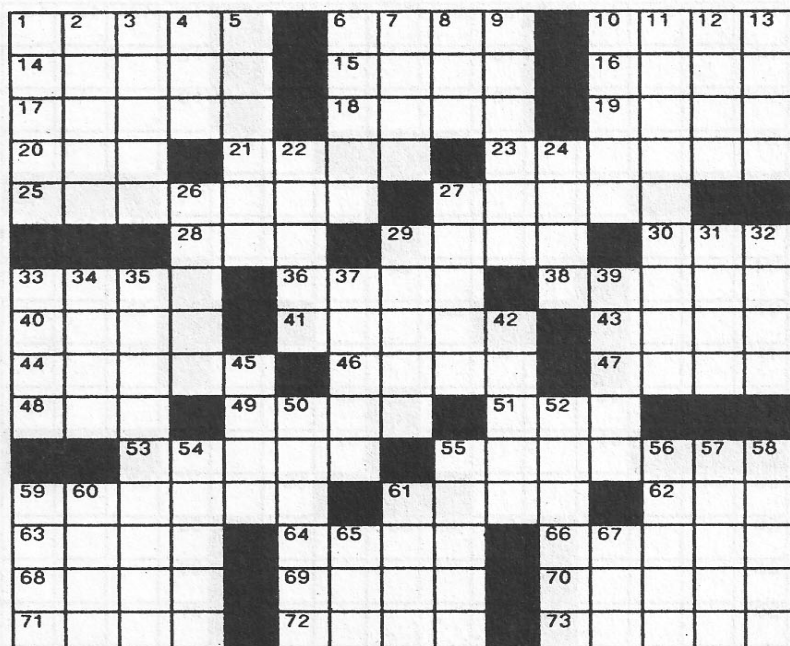
29. Gusto
30. Greek letter
33. Fibber
36. Cupid
38. Bo Peep's loss
40. "God's Little \_\_\_\_\_"
41. Fender bends
43. Comic Johnson
44. More inferior
46. Bird's home
47. Applies
48. Opposite of SSW
49. Large casks
51. Hooter
53. Flower holders
55. Bureau

59. Swift's specialty
61. Got rid of weeds
62. "\_\_\_\_\_ to Billy Joe"
63. Sleeping
64. Carol
66. Dig out
68. Father
69. Desperate
70. Strayed
71. Pianist
72. Snow toy
73. Impudent

### DOWN

1. Singer Taylor
2. Happening
3. Grasslike plant
4. Threefold: prefix
5. Metal fastener

6. Performer
7. Witty remark
8. Large coffee-pot
9. Fall bloomers
10. Trumpeter Al et al.
11. Bosses
12. Candy \_\_\_\_\_
13. Leg joint
22. Evaluated
24. Snares
26. Stringed instruments
27. Annoyances
29. Districts
31. Parisian's head
32. Anthropoid primates
33. Homeowner's responsibility
34. Sacred image
35. Police, at times
37. Leases
39. Lugs
42. Mail component
45. Always
50. Redresses
52. Chunks of cheese
54. Ebb and neap
55. Distributed
56. Goes bad
57. Rims
58. Slender
59. Cloth belt
60. Irish Rose's love
61. Present!
65. Grease
67. "... man \_\_\_\_\_ mouse?": 2 wds.



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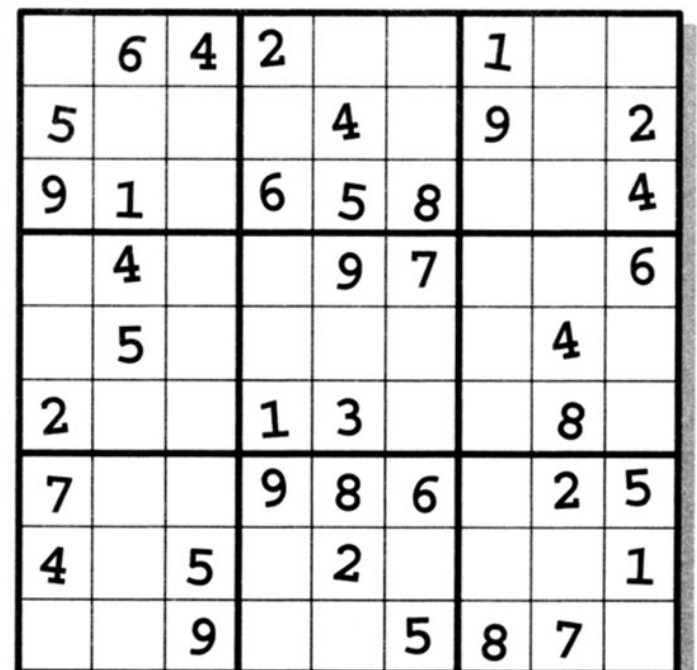
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# Sudoku



**SOLUTION**

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 8 | 1 | 8 | 5 | 1 | 7 | 6 | 7 | 9 |
| 1 | 6 | 9 | 2 | 7 | 5 | 8 | 4 | 3 |
| 5 | 7 | 4 | 9 | 8 | 6 | 1 | 2 | 3 |
| 2 | 8 | 5 | 7 | 1 | 9 | 6 | 3 | 4 |
| 6 | 7 | 1 | 2 | 9 | 8 | 5 | 3 | 4 |
| 9 | 1 | 7 | 6 | 5 | 3 | 2 | 8 | 4 |
| 7 | 2 | 8 | 5 | 9 | 1 | 6 | 4 | 3 |
| 3 | 9 | 6 | 1 | 7 | 2 | 8 | 5 | 4 |
| 8 | 5 | 1 | 6 | 4 | 7 | 9 | 3 | 2 |

Complete the grid so that every row and every column contains the numbers 1 through 9  
 A number is Never repeated in a row or column.  
 In addition every rectangle must contain the numbers 1 through 9



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## IEA: OPEC had first big drop in output in a year

PARIS, France (AP) — Recovery in the world's biggest economies could be jeopardized if crude oil prices stay over \$80 per barrel, the International Energy Agency said yesterday.

The IEA also reported that OPEC posted the first "significant decline" in output in March in more than a year — falling 190,000 barrels per day — largely due to a near 10-per-cent drop in Iraqi output.

The agency, the energy arm of the Organization for Economic Cooperation and Development, a grouping of the world's richest nations, said concerns remain that global oil markets are "overheated," with crude around \$85 per barrel.

"Ultimately, things might turn messy for producers if \$80-100 (per barrel) is merely seen as the new \$60-80 (per barrel), stunting economic recovery while prompting resurgent non-oil and non-OPEC

supply investment" the Paris-based IEA said in its monthly oil market report.

Price subsidies that benefit consumers in non-OECD countries like China and India, and tighter credit than two years ago "could stall OECD economic recovery or render it more oil-less than we currently envisage," it said.

The IEA said that operational problems and weather-related export disruptions at its southern terminals drove down Iraqi output by 220,000 barrels per day last month. But the agency noted that Iraq's exports hit a two-decade high of 2.07 million barrels a day in February, and total exports in March were tallied at 1.79 million.

The IEA estimated global demand in 2010 would rise by 30,000 barrels a day in 2010 to 86.6 million barrels a day compared to last month's report. Demand for 2009 was revised down by 70,000 barrels to 84.9 million.

## A single, simple technique that always generates a profitable stream of referrals and new leads!

by Ken Varga



Hi, I am Ken Varga. I want to share with you some of the ideas, strategies, and principles that allowed me to build 35 businesses during my career.

By earnestly applying the ideas, you will learn how you too can build your business to success, while living an unhurried life, filled with family, friends, fun and a relaxed attitude.

Hi again, and welcome to another Tip on how to get customers.

In this Tip we are going to talk about special events and information nights.

This Tip will generate more customers than you can imagine, and it is one of my favorites.

It makes you stand out from other businesses and gives you a way to make a huge connection with your customers.

The concept behind special events or information nights is very simple.

You offer a prospect...a targeted, highly qualified prospect you feel has a high probability of turning into a customer...a chance to come to you, your place of business, or to another location, for purposes of:

- Getting an education about your product and its benefits and results.
- Getting information they don't know about.

## Greece raises euro1.56B, insists won't tap aid

ATHENS, Greece — Heavily indebted Greece intends to keep tapping bond markets for much-needed cash and resist using a European financial lifeline, top officials said after successfully raising euro1.56 billion in a treasury bill auction yesterday.

Although investors flocked

• Getting to meet you, your staff, or key team members.

• Allowing people to come and enjoy a unique entertainment and social experience.

• A chance to bring customers and prospects together and acknowledge that they are important to you.

• To tap into the existing loyalty and satisfaction your customers feel for you and to transfer that feeling to the prospects you want to sell to.

This is the key. Your existing customers will actually do the selling to the prospective customer about your products or services.

Any business, no matter what they sell, can set up an information night for their customers.

They can have experts in the fields of information that their customers need.

So no matter what your business is, you can arrange for an accountant, lawyer, and real estate person, anyone who can help your customer in these needs.

But the key ingredient here is to have your customer bring with them a non-customer.

Once this non-customer sees how much you're doing for their friend, they become your customers.

Here are a few examples.

I was a cofounder of a local community bank. One of the problems I had in marketing was to find the answer to why a business owner would want to move their account from their present bank to mine.

I solved this problem by differentiating our bank from all the others. We did something that no other bank in the area did.

When the loan officers visited a local business, they handed out their business card,

and on the back of the business card it read, "In the business of friendly and superior banking services, plus quarterly seminars on how to grow your business and get more customers."

I turned two of my manuals (the Teachers Manual and the Student Manual on how to get customers) into a total turnkey system for the bank to use in putting on the seminars for the attendees.

But here's the kicker. We asked the business owners to bring a non-customer with them to the seminar.

Once the non-customers were there, they thought, "My present bank doesn't do this for me. I'm going to switch." And they did.

Whether you are a real estate agent, accountant, lawyer, insurance agent, or any other type of business owner, you can hold information nights or special events. And you can have the customers who attend bring other potential customers, who in turn become your customers.

And if you wanted to put on a seminar that helped your business customers grow their businesses, you could either bring in a speaker to help you do this, or you could do as the bank did and use my system or a similar system to make the job easy.

I can go on and on about this concept but I'm sure you get the idea.

I just love these types of concepts because when put into practice, they result in more and more customers for your business.

Let me know if you'd like me to write more about this concept.

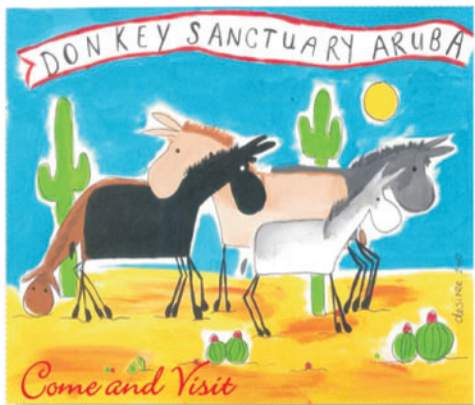
See you then.

**To your success,**  
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**YESTERDAY'S**  
**Crossword Answer**

|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| M | A | D | E | H | O | U | R | S | T | U | B | S |
| E | V | E | R | U | N | T | I | E | E | P | E | E |
| R | E | A | R | N | E | E | D | S | P | O | L | E |
| E | R | R | A | N | D | S | C | E | N | T | S |   |
|   |   |   | N | O | R | A | T | I | R | E |   |   |
| S | M | I | T | T | E | N | R | O | A | S | T | E |
| T | E | D | E | D | I | T | I | N | G | E | R | E |
| A | L | L |   |   | M | A | N |   | A | R | R |   |
| N | E | E | S | P | A | R | K | L | E | S | O | U |
| D | E | S | S | E | R | T |   | E | A | S | T | E |
|   |   |   | C | R | E | E |   | T | U | N | E |   |
| F | E | R | R | E | T |   |   | N | E | E | D | L |
| A | R | E |   | E | L | A | N | D |   | T | I | E |
| S | L | A | P |   | N | E | W | E | R |   | H | A |
| T | E | L | E |   | D | A | N | D |   | E | L | S |





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**A must see while on Aruba!**

## Baby Beach



**BABY BEACH**, is a shallow, sheltered man-made lagoon located in Seroe Colorado, on the southeast end of the island of Aruba, and is frequented by locals and tourists alike. It is named Baby Beach as the water is so calm it is safe for small children. The snorkeling at this location is great for children or travelers new to snorkeling.

The benefits of this beach include the lack of waves and that nearby waters are shallow enough to stand. The water in the deeper areas, as well as around the rest of Aruba, is cool and refreshing year-round. There is a large Valero

oil refinery within sight of Baby Beach. However, because of the direction of local currents, Baby Beach still has very clean, clear water. In the past, Baby Beach's popularity led it to become somewhat littered. However, clean-up programs have largely restored the beach to a pristine condition.

The water level is generally waist high on the inside, but towards the inlet, it deepens significantly. Marine life includes barracuda, squid, parrot fish, blowfish, angel fish, eels, snakes and a lot of other small fish, although the range of most of these animals is limited to the inlet.

## Great steaks are a family tradition at El Gaucho Restaurant



**Meaty Ribs**



**Chimichuri and spicy onions**

Aruba's longest established and most popular Argentinean steakhouse, El Gaucho, is still going strong after 33 successful years. Two-time winner of the prestigious Wine Spectator Award of Excellence, the restaurant proudly displays the numerous accolades it has received from other such notable wine and food societies as Chaîne des Rôtisseurs, as well as coveted awards for excellence such as the Worldwide Marketing Organization of Mexico, Golden Trophy for Quality Award of Excellence from France, Arch of Europe for Quality from Business Initiative Directions of Germany and International Award for Tourism, Hotel and Catering Industry from Spain.

Recognized around the world for its quality of service and cuisine, El Gaucho's heartiest applause comes from its loyal clientele, who recommend the restaurant to friends and family with complete confidence in their satisfaction.

When asking a frequent island visitor where they go for a great steak, you will find most frequently their #1 choice will be The Gaucho Steak; a generous portion of prime tenderloin, charcoal-grilled to perfection. El Gaucho Restaurant also boasts the biggest shishkebab in the Caribbean, as well as a varied menu of fresh local fish and seafood, and everyone's favorite cut of steak and ribs.

2009 has brought some wel-



**The famous Gaucho steaks**



come changes; an expanded food and wine menu and the restaurant is now open on Sundays. A variety of lamb and veal dishes now garnish the menu, as well as a hearty 20-oz rib eye to satisfy your appetite.

El Gaucho Restaurant is open for lunch and dinner

Monday through Saturday from 11:30 a.m. until 11:00 p.m., and on Sunday from 5:30 p.m.. Visit their online guestbook at [www.elgaucho-aruba.com](http://www.elgaucho-aruba.com), and peruse the glorious praise their receive from their devoted fans, as well as the updated menu.

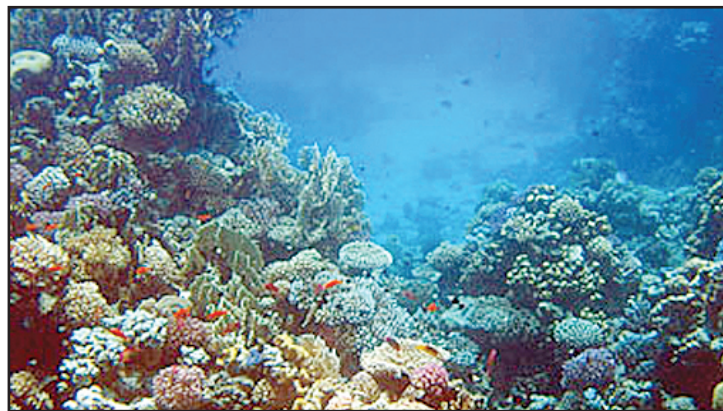
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## 2-mile scar on Barrier Reef after ship grounding



SYDNEY, Australia (AP) — A Chinese coal carrier that ran aground and leaked oil on Australia's Great Barrier Reef cut a 2-mile- (3-kilometer-) long scar into the shoal and may have smeared paint that will prevent marine life from growing back, the reef's chief scientist said yesterday.

Even if severe toxic contamination is not found at the site, initial assessments by the Great Barrier Reef Marine Park Authority indicate it could take 20 years for the world's largest coral reef to recover, said scientist David Wachenfeld.

The 755-foot (230-meter) vessel veered into protected waters and slammed into a shoal on April 3. Coral shredded part of its hull, causing a leak of about 3 tons of fuel oil, which was later dispersed by chemical sprays and is believed to have caused little or no damage to the reef. Small amounts of oil, however, have begun washing up on beaches near where the ship ran aground, according to Maritime Safety Queensland.

Australian authorities are investigating alleged breaches of the law connected with the accident. Prime Minister Kevin Rudd has since warned that cargo ships entering restricted waters would face the

full force of the law.

The reef was hit particularly badly because the vessel did not stay in one place once it grounded, Wachenfeld said. Instead, tides and currents pushed it along the reef, crushing and smearing potentially toxic paint onto coral and plants, he said.

In some areas, "all marine life has been completely flattened and the structure of the shoal has been pulverized by the weight of the vessel," Wachenfeld said.

Perhaps most concerning to the scientists is the chemical makeup of the paint used on the ship's hull, which divers have found spread across the vast majority of the impacted region.

Many oceangoing vessels are covered in what is known as "anti-fouling" paint, which prevents marine life from growing on their hulls and creating drag. Certain paints contain chemicals that prevent such growth, while others simply act as a barrier.

Scientists with the reef authority plan to analyze paint left by the Shen Neng to see if it contains heavy metals. If it does, Wachenfeld said, it would not only kill the marine life currently on the shoal, but prevent new life from colonizing there.

## European abuse hot lines log jump in calls

VIENNA, Austria (AP) — Telephone hot lines in Europe offering help to people claiming abuse by Roman Catholic priests are being deluged with calls as the crisis spreads — with one center reporting complaints jumping from about 10 cases a year to more than a thousand in the past few weeks.

Experts say the record influx of calls reflects an increasing realization among victims that they are not alone and that they will not be scorned for breaking their silence about horrors that in many cases go back decades.

"Until now, many people were afraid they wouldn't be respected," said Max Friedrich, a prominent Austrian psychiatrist. "There's also a certain comfort knowing you're not the only one to have experienced such abuse."

In the Netherlands, the Help and Law line was set up in 1995 and generally dealt with roughly 10 reports of abuse per year. Since March it has received some 1,300 new reports, said Pieter Kohnen, spokesman for the Dutch Bishops' Conference, which runs the line.

As with similar help lines, not every complaint turns into an actual case — meaning the caller is assigned a legal adviser to guide him or her through the process.

Still, Help and Law is now dealing with nearly 50 cases, compared with 10 to 14 for most years, and the number is likely to rise further as the center plows through a backlog of complaints, according to spokesman Ben Spekman.

"We have started more cases in the last month than in the previous three years combined," Spekman said. "It is a significant increase."

Spekman said the hot line is also attracting people who feel compelled to give their reaction to reports of abuse. Some other callers report abuse that happened to a deceased loved one. In neither case would such calls lead to a formal complaint procedure.

Germany's bishops conference, which launched its hot line on March 30, reported this week that 2,700 people have called it in its first three days, while an older number in Germany run by a pro-reform group, We Are Church, said calls have jumped dramatically.

"In the past eight years we received about 300 calls total; in the past four to five weeks alone, we have gotten 100

calls," said Anne Grete Laakmann, a spokeswoman for We are Church.

In general, the hot lines offer an initial open ear to victims. Laakmann said that in Germany every complaint is believed without question. In some cases, the hot lines offer a chance to speak to a psychologist, or help finding one. In cases where legal avenues can be pursued, they counsel victims in how to approach authorities.

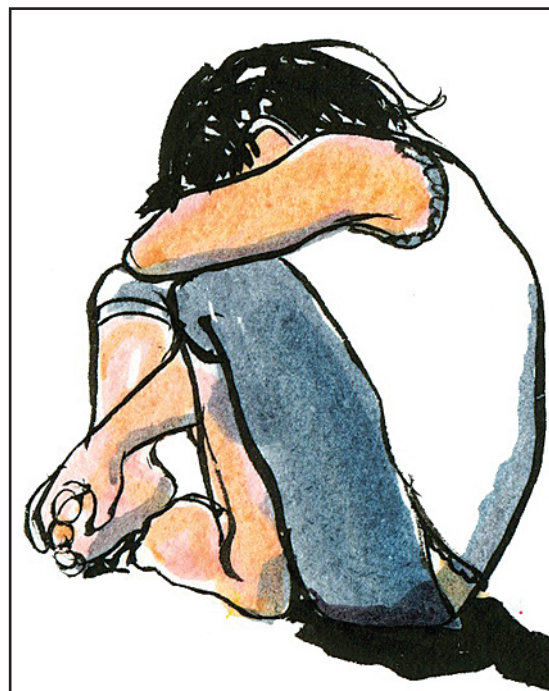
In Austria, if the perpetrators are still alive, they are tracked down and confronted with the allegations, according to an Austrian Web site that provides an overview of the country's church abuse complaint centers. In concrete cases, a perpetrator's supervisor in the church is informed and the person is suspended until the matter is cleared up, it said.

Austria has nine church-run offices that allow victims to report abuse — one for each diocese. The first was set up in Vienna in 1996 as a result of the sex scandal surrounding then Cardinal Hans Hermann Groer. In the first three months of this year, the offices recorded 566 calls or e-mails.

According to the Vienna hot line, 174 contacts were made between January and the end of March — compared to 17 in all of 2009. Of those, eight turned out to be concrete cases after experts held intensive conversations with alleged victims, said Erich Leitenberger, spokesman of the Vienna Archdiocese.

Hans Tauscher, who runs the complaint center for the Innsbruck diocese, said he has recently been working eight hours a day taking calls, answering e-mails and meeting with victims. He says it's tough to generalize on how much time he spends with each person, saying some take up to 45 minutes to describe what they went through. Others just take minutes.

"I go with whatever they want — the conversations are very unstructured," Tauscher said.



Christiane Sauer, a psychotherapist who heads the hot line in the Linz diocese, said people often tell her how relieved they feel after opening up to her, sometimes after decades of silence.

"They become calmer by talking about what happened," said Sauer, who encourages victims to also notify police or prosecutors — even if the abuse took place many years ago.

Some claim it is ludicrous to expect victims to contact church-sponsored hot lines since they are sometimes run by clergy and represent an institution that covered up or ignored cases in the past.

Critics include a newly created Austrian victims' group that calls itself the Platform Of Those Affected By Church Violence. It set up its own hot line on March 23 and has logged some 203 contacts since then.

Hans Peter Hurka of the Austrian branch of We are Church said most of the church-run centers were "fig leaves" until now, hiding the problem rather than exposing it.

In a sign the church may be taking this criticism to heart, Cardinal Christoph Schoenborn recently appointed a former regional governor, Waltraud Klasnic, to ensure that all abuse allegations are investigated. She has also set up her own abuse hot line.

In the Netherlands, Spekman disputed the argument that the system cannot be trusted because it is not independent.

"In our view its independence is guaranteed," Spekman said. "If somebody does not agree they can always go to civil courts."

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Published Monday thru Saturday





## Japanese female knuckleballer emulates Wakefield

TOKYO – Female pitcher Eri Yoshida says she hopes to follow in the footsteps of her hero Tim Wakefield of the Boston Red Sox when she heads to the minor leagues next month.

The 18-year-old Yoshida is a knuckleballer who told a news conference Tuesday she learned her pitching style as a young girl by watching video of Wakefield.

She also recently got a few tips from the 43-year-old All-Star at the Red Sox spring training facility at Fort Myers, Fla.

"I want to practice knuckle pitching more, and I want to become a stable knuckleball player like Wakefield," Yoshida said.

Yoshida, Japan's first female professional baseball player, has signed with the Chico Outlaws of the Golden Baseball League and will report for spring training in



early May.

She will be the first female to pitch for a pro team in the United States since Ila Borders retired more than 10 years ago, the Outlaws said.

The 5-foot Yoshida said she was stunned by the height of American players, but stressed she is ready to play in the United States.

"I want to bring myself to concentrate only on the catcher's mitt without worrying about the height of players," she said. "I'll do my best."

The 10-team Golden Baseball League is an independent minor league with teams in California, Arizona and Canada.

Yoshida became Japan's first female professional player last year when she pitched for the Kobe Cruise 9 in the Kansai Independent League.

## Hudson hints at racism for blacks in free agency

MINNEAPOLIS – As Major League Baseball prepares for its annual Jackie Robinson Day on Thursday, one prominent African-American player questioned teams' commitment to employing black players past their prime years.

"You see guys like Jermaine Dye without a job," Minnesota Twins second baseman Orlando Hudson said Monday. "Guy with [27 home runs and 81 RBIs] and can't get a job. Pretty much sums it up right there, no? You've got some guys who miss a year who can come back and get \$5, \$6 million, and a guy like Jermaine Dye can't get a job. A guy like Gary Sheffield, a first-ballot Hall of Famer, can't get a job..."

"We both know what it is. You'll get it right. You'll figure it out. I'm not gonna say it because then I'll be in [trouble]."

What Hudson wants to say: He believes there is a racist element to the free-agent market in baseball, and that it's paralyzing the 36-year-old Dye's ability to earn what non-blacks with commensurate numbers received in the offseason.

"Call it what you want to," Hudson said. "I ain't fit to say it. After I retire I'll say it. I've got a whole bunch of stuff to say after I retire."

Hudson's comments came on the heels of Dye turning down a one-year contract offer from the Washington Nationals for less than a quarter of his \$11.5 million salary with the Chicago White Sox last season. After a first half in which he slugged .567 and hit 20 home runs, Dye spent the second half of 2009 in a deep slump from which he never emerged, batting .179 and slugging .297 while playing subpar defense in right field.

## NHL Standings

| EASTERN CONF.  |    |    |     |  |
|----------------|----|----|-----|--|
| Atlantic       | W  | L  | Pts |  |
| y-New Jersey   | 48 | 27 | 103 |  |
| x-Pittsburgh   | 47 | 28 | 101 |  |
| x-Philadelphia | 41 | 35 | 88  |  |
| NY Rangers     | 38 | 33 | 87  |  |
| NY Islanders   | 34 | 37 | 79  |  |
| Northeast      |    |    |     |  |
| y-Buffalo      | 45 | 27 | 100 |  |
| x-Ottawa       | 44 | 32 | 94  |  |
| x-Boston       | 39 | 30 | 91  |  |
| x-Montreal     | 39 | 33 | 88  |  |
| Toronto        | 30 | 38 | 74  |  |
| Southeast      |    |    |     |  |
| z-Washington   | 54 | 15 | 121 |  |
| Atlanta        | 35 | 34 | 83  |  |
| Carolina       | 35 | 37 | 80  |  |
| Tampa Bay      | 34 | 36 | 80  |  |
| Florida        | 32 | 36 | 77  |  |

| WESTERN CONF. |    |    |     |  |
|---------------|----|----|-----|--|
| Central       | W  | L  | Pts |  |
| y-Chicago     | 52 | 22 | 112 |  |
| x-Detroit     | 44 | 24 | 102 |  |
| x-Nashville   | 47 | 29 | 100 |  |
| St. Louis     | 40 | 32 | 90  |  |
| Columbus      | 32 | 35 | 79  |  |
| Northwest     |    |    |     |  |
| y-Vancouver   | 49 | 28 | 103 |  |
| x-Colorado    | 43 | 30 | 95  |  |
| Calgary       | 40 | 32 | 90  |  |
| Minnesota     | 38 | 36 | 84  |  |
| Edmonton      | 27 | 47 | 62  |  |
| Pacific       |    |    |     |  |
| z-San Jose    | 51 | 20 | 113 |  |
| x-Phoenix     | 50 | 25 | 107 |  |
| x-Los Angeles | 46 | 27 | 101 |  |
| Anaheim       | 39 | 32 | 89  |  |
| Dallas        | 37 | 31 | 88  |  |

x-Clinched Playoff Spot; y-Division Champ; z-Conf. Champ

## NBA Standings

| EASTERN CONF. |    |    |      |      |  |  |
|---------------|----|----|------|------|--|--|
| Atlantic      | W  | L  | Pct  | GB   |  |  |
| y-Boston      | 50 | 30 | .625 | --   |  |  |
| Toronto       | 39 | 42 | .481 | 11.5 |  |  |
| N.York        | 29 | 52 | .358 | 21.5 |  |  |
| Phil.         | 27 | 53 | .333 | 23.5 |  |  |
| N.Jersey      | 12 | 68 | .148 | 38.5 |  |  |
| Central       |    |    |      |      |  |  |
| z-Cleveland   | 61 | 20 | .753 | --   |  |  |
| x-Milwaukee   | 45 | 35 | .556 | 16.0 |  |  |
| Chicago       | 39 | 41 | .487 | 21.5 |  |  |
| Indiana       | 32 | 48 | .395 | 29.0 |  |  |
| Detroit       | 26 | 54 | .321 | 35.0 |  |  |
| Southeast     |    |    |      |      |  |  |
| y-Orlando     | 58 | 23 | .716 | --   |  |  |
| x-Atlanta     | 52 | 29 | .642 | 6.0  |  |  |
| x-Miami       | 46 | 35 | .568 | 12.0 |  |  |
| x-Charlotte   | 44 | 37 | .543 | 14.0 |  |  |
| Wash.         | 25 | 55 | .309 | 33.0 |  |  |

| WESTERN CONF. |    |    |      |      |  |  |
|---------------|----|----|------|------|--|--|
| Southwest     | W  | L  | Pct  | GB   |  |  |
| y-Dallas      | 54 | 27 | .667 | --   |  |  |
| x-San Ant.    | 50 | 31 | .617 | 4.0  |  |  |
| Houston       | 42 | 39 | .519 | 12.0 |  |  |
| Memphis       | 40 | 41 | .494 | 14.0 |  |  |
| N.Orleans     | 36 | 45 | .444 | 18.0 |  |  |
| Northwest     |    |    |      |      |  |  |
| x-Denver      | 53 | 28 | .654 | --   |  |  |
| x-Utah        | 52 | 28 | .650 | 0.5  |  |  |
| x-Portland    | 50 | 31 | .617 | 3.0  |  |  |
| x-Okl. City   | 49 | 32 | .605 | 4.0  |  |  |
| Minn.         | 15 | 66 | .185 | 38.0 |  |  |
| Pacific       |    |    |      |      |  |  |
| y-LA Lakers   | 56 | 24 | .700 | --   |  |  |
| x-Phoenix     | 52 | 28 | .650 | 4.0  |  |  |
| LA Clippers   | 28 | 53 | .346 | 28.5 |  |  |
| Sacramento    | 25 | 55 | .312 | 31.0 |  |  |
| Golden St.    | 25 | 56 | .309 | 31.5 |  |  |

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### AT RENAISSANCE - ORANJESTAD

| PG-13    | CLASH OF THE TITANS |      |            |       |
|----------|---------------------|------|------------|-------|
| daily:   | 6:00                | 8:30 |            |       |
| matinee: | 1:00                | 3:30 | late show: | 11:15 |

| PG-13    | THE BOUNTY HUNTER |      |            |       |
|----------|-------------------|------|------------|-------|
| daily:   | 4:00              | 6:30 | 9:00       |       |
| matinee: | 1:30              |      | late show: | 11:45 |

| R        | REMEMBER ME |      |            |       |
|----------|-------------|------|------------|-------|
| daily:   | 4:45        | 7:15 | 9:45       |       |
| matinee: | 2:00        |      | late show: | 12:15 |

| R        | BROOKLYN'S FINEST |      |            |       |
|----------|-------------------|------|------------|-------|
| daily:   | 6:00              | 8:45 |            |       |
| matinee: | 12:00             | 3:00 | late show: | 11:30 |

| PG-13    | WHY DID I GET MARRIED TOO |      |            |       |
|----------|---------------------------|------|------------|-------|
| daily:   | 5:45                      | 8:45 |            |       |
| matinee: | 12:00                     | 2:45 | late show: | 11:30 |

| PG       | ALICE IN WONDERLAND |      |            |       |
|----------|---------------------|------|------------|-------|
| daily:   | 5:30                | 8:00 |            |       |
| matinee: | 12:45               | 3:15 | late show: | 11:00 |

### AT PASEO HERENCIA

| PG-13    | DATE NIGHT |      |            |       |
|----------|------------|------|------------|-------|
| daily:   | 4:00       | 6:15 | 8:30       |       |
| matinee: |            |      | late show: | 11:00 |

| R        | COP OUT |      |            |       |
|----------|---------|------|------------|-------|
| daily:   | 6:15    | 9:00 |            |       |
| matinee: | 1:00    | 3:45 | late show: | 11:30 |

| PG       | HOW TO TRAIN YOUR DRAGON |      |            |       |
|----------|--------------------------|------|------------|-------|
| daily:   | 4:15                     | 6:30 | 8:45       |       |
| matinee: | 1:45                     |      | late show: | 11:15 |

| PG-13    | OUR FAMILY WEDDING |      |            |       |
|----------|--------------------|------|------------|-------|
| daily:   | 5:30               | 7:45 | 9:45       |       |
| matinee: | 12:45              | 3:00 | late show: | 12:00 |

| PG       | DIARY OF A WIMPY KID |      |            |  |
|----------|----------------------|------|------------|--|
| daily:   |                      |      |            |  |
| matinee: | 12:00                | 2:00 | late show: |  |

| R        | GREEN ZONE |      |            |       |
|----------|------------|------|------------|-------|
| daily:   | 6:30       | 9:15 |            |       |
| matinee: | 1:15       | 3:45 | late show: | 11:45 |

| R        | SHE'S OUT OF MY LEAGUE |      |            |       |
|----------|------------------------|------|------------|-------|
| daily:   | 5:45                   | 8:15 |            |       |
| matinee: | 12:30                  | 3:15 | late show: | 11:00 |

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## On the road to 2010 FIFA World Cup South Africa

# Things to know about the World Cup

(AP)-Everything you need to know about the World Cup. Well, almost.

**Q: What is the World Cup?**

**A:** A 32-team global tournament run by FIFA, the international federation for soccer, it is the most popular sporting event in the world. Americans can envision the Super Bowl, Final Four and Olympics combined. That's what the World Cup is like for just about every other nation on the planet.

**Q: When is it?**

**A:** The tournament begins June 11 with host South Africa playing Mexico in Johannesburg. The final is July 11, also in Johannesburg. All games will be televised in the United States by the ABC-ESPN networks and Univision's channels.

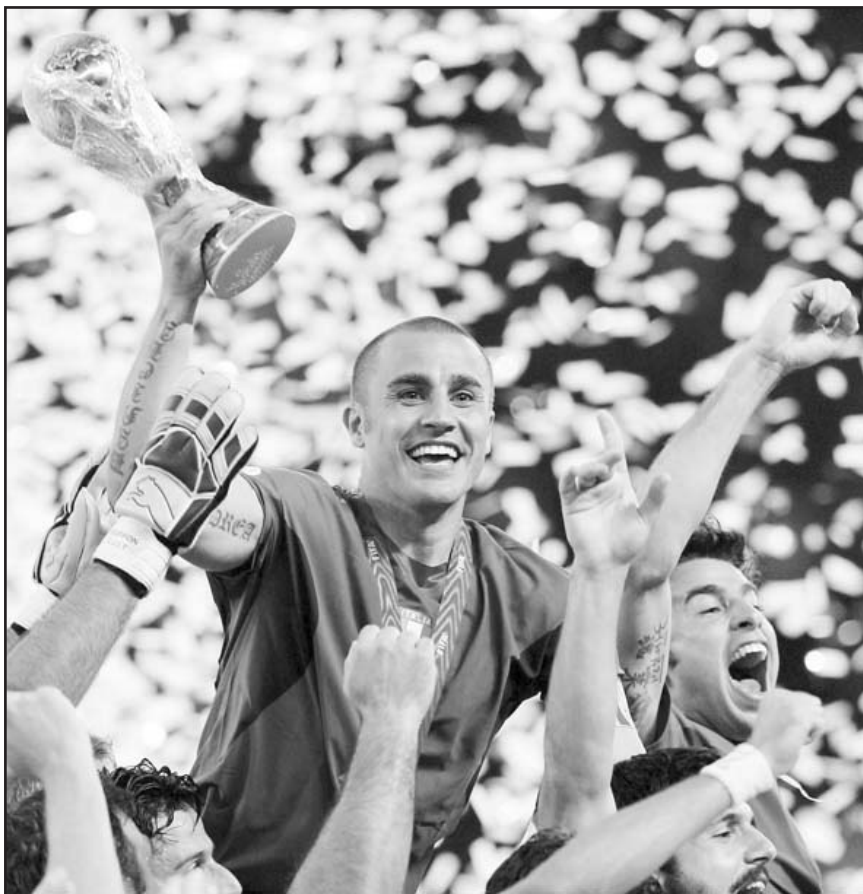
**Q: What is the format?**

**A:** There are eight groups of four teams. Those teams play a round-robin in the first round, and matches can end in draws. The top two teams in each group advance to the final 16. Every game after the first round is a knockout match and will go to a 30-minute overtime if tied. If still tied after OT, a penalty kick shootout is held.

**Q: So, World Cup is going to be played in South Africa?**

**A:** That's right. This is the first time an African nation has hosted either the World Cup or the Olympics, the world's two top sporting events. Games will be played in Johannesburg, Cape Town, Pretoria, Polokwane, Rustenburg, Bloemfontein, Port Elizabeth, Durban and Nelspruit.

**Q: Besides the novelty,**



**World Cup Champions 2006: Italy**

**what makes this event so important to South Africa?**

**A:** The government and private entrepreneurs have spent heavily to renovate airports and build roads, hotels, stadiums and bus and rail systems for the monthlong tournament. In the short-term, the World Cup is a money-losing proposition, but South Africans are hoping for a payoff in the future on the \$6 billion investment.

"We want the post-2010 South Africa to be able to compete in the global economy," said Danny Jordaan, the head of the organizing committee.

SA Tourism, the state-owned tourism development company, expects the number

of tourists to top 10 million this year, with much of the increase due to the World Cup. The challenge will be to build on that in 2011 -- when there won't be a World Cup -- and keep building to reach a goal of 14 million by 2014.

**Q: What can fans expect?**

**A:** Cool to cold weather -- it will be winter time in South Africa for most of the tournament, and many games will be played at altitude. Also on display:

-- Lots of national pride, from locals supporting Bafana Bafana, as the host team is called, to traveling fans from, well, all 31 other countries.

-- Extremely tight security, with several nations that have

staged World Cups and Olympics advising the South Africans.

-- Stadiums ranging from the massive (the 94,700-seat Soccer City, which cost \$300 million), to the spectacular (70,000-capacity Green Point Stadium in Cape Town, with the beaches and waterfront restaurants just a short walk away and the enormous Table Mountain in the background).

-- A buzz in the air from the constant drone of vuvuzelas, a trumpet-like instrument favored by local fans.

**Q: Which teams are favored?**

**A:** Spain, which won the European Championship two years ago, is ranked No. 1 in the world and has one of the planet's deepest rosters. No other country is as balanced from goalkeeper to defense to midfield to attackers, but Spain rarely fares well in the World Cup and has never won it.

Brazil owns a record five titles and tends to perform well in new sites for the tournament. The samba kings won when the event was held in North America for the first time (Mexico 1970) and in Asia for the only time (Japan/South Korea in 2002). Brazil also won in the United States in 1994.

The Netherlands, Portugal, Argentina, Germany and defending champion Italy could be front-runners, and England might be, too, if it

can get healthy. Argentina is coached by its greatest player, Diego Maradona, who has yet to prove he's nearly that efficient on the sideline.

**Q: How should the United States do?**

**A:** The Americans reached the quarterfinals in 2002 before losing to Germany. But in 1998 and 2006, a lack of chemistry led to infighting that destroyed their chances. This team has two stars (Landon Donovan, Tim Howard), several proven contributors, and an ability to rally against stronger sides. But there are big holes defensively that must be filled before the U.S. team opens against England.

The other Group C teams are Algeria and Slovenia, so U.S. chances for making the second round seem good.

**Q: Who are the players to watch?**

**A:** Donovan had a strong 2002 World Cup and could be a headliner in South Africa. Howard is among the best goalkeepers, but that's hardly an anomaly considering how strong U.S. keepers historically have been.

But the World Cup's most intriguing performers figure to be Argentina's Lionel Messi, FIFA's Player of the Year for 2009, who has been even more sensational for Barcelona this year; Portugal's Cristiano Ronaldo; Brazil's Kaka; Spain's Fernando Torres, Iker Casillas, Andres Iniesta and Xavi; England's Wayne Rooney; Ivory Coast's Didier Drogba; and Cameroon's Samuel Eto'o.

There's also Thierry Henry's left hand, which lifted France into the tournament (he got away with a critical hand ball against Ireland in a qualifying match).



# Welcome home BMX champion Shanayah!

## Aruba's dynamic young superstar athlete Shanayah Howell returns after double victory in Florida



Shanayah poses with her trophies

On Monday evening, April 12, a jubilant Shanayah Howell and her family returned to Aruba from Florida with two huge trophies in hand after taking first place in both of the U.S. National Bicycle League's (NBL) Easter Classic and Gator Classic.

Shanayah, who has been winning international championships since she was six, took the title of Overall U.S. BMX champion in the ten-year-old division in 2009, and she is now on her way to claiming the crown for the eleven-year-old girls BMX champ 2010. She has traveled to the States to compete in three key races in the national circuit, the Christmas Classic in December, and now the Easter Classic held over April 2 to 4 in West Palm Beach, and then the Gator Classic in Tampa this past weekend, April 10 and 11.

Shanayah swept all the tournaments, coming in first

place in all her races, reports her father and coach, Alan Howell. "These wins have qualified her to compete in the Grand Nationals finals that will take place in Louisville, Kentucky the first week in September," he explained. "Now we will dedicate our time to preparing for the UCI (Union Cyclist International) BMX World Championship races in Pietermaritzburg, South Africa, in July. After that, we will focus on her taking the U.S. national title in her new age group." Shanayah now holds fourth place overall in the NBL BMX point standings; her wins from the Gator Classic have yet to be factored in and recalculated.

Shanayah's annual trip to Florida with the family always provides an interesting challenge to her biking skills. Alan explained. "The Easter Classic is a great warm-up," as it is the final race in which

she participates in a younger age division, followed by her advancing to the next age division after her birthday on April 7. The Gator Classic offers much stiffer competition for Shanayah, as she advances to the next age division and for the first time, faces older girls who have already been racing in this age group. "She said it was a bit tougher for her," said her father, "but when she got out there on the field, she blew them away."

"Shanayah had all the audience out of the seats and gasping, when she jumped this really high hill at the Gator Nationals course," proudly recalls Alan of this year's triumph, "they couldn't believe an eleven year old girl did that; it is the sort of thing you see the top pros do, not little girls. A lot of people say she races like a boy; that is because here at home she mostly competes only against boy bikers. I have to say this for the U.S. competitors and coaches; they are so generous and such great sports. After the races they all came to meet us and tell Shanayah what a privilege it was to watch her race and how they think she is the best."

Welcoming home the young champion and her family at the Reina Beatrix



Shanayah with sponsors from Johnson Enterprises, far right Howard Ian

Airport was one of her principal sponsors, Howard Ian of Johnson Enterprises.

The company has constructed a practice course in San Nicolas for Shanayah, replicating some of the toughest sections she will face during the UCI World Championships. He expressed he was very proud of Shanayah's talent and dedica-

tion to the sport, and sees great things for her in the future. Shanayah won the UCI World Championship title the first two years of her biking career, it escaped her last year when she became entangled with the Japanese team that was attempting to block her advancement. This year, she is determined to bring back to Aruba the world crown.

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